

HOT DRINKS:

Short/Long Black	\$4.50
Americano	\$4.50
Short/Long Macchiato	\$5.00
Piccolo	\$5.00
Flat White	\$5.00
Cappuccino	\$5.00
Latte	\$5.00
Mocha	\$6.00
Chai Latte	\$6.00
Dirty Chai Latte	\$6.50
Matcha/Turmeric/Gingernut Latte	\$6.50
Hot Chocolate	\$5.50
Kids Hot Chocolate	\$5.00
Fluffy	\$2.50
Lemon, Honey & Ginger	\$5.50

EXTRAS:

Large Cup / Mug	\$0.70
Extra Coffee Shot	\$0.70
Flavoured Syrup Shot (Vanilla/Caramel/Salted Caramel/Hazelnut)	\$0.70
Runny Cream	\$0.70
Honey	\$0.70
Soy / Oat / Almond/ Coconut	\$1.00

ICED:

Americano	\$5.00
Latte	\$6.00
Mocha	\$6.50
Chocolate	\$6.50

TEAS:

English Breakfast	\$5.00
Earl Grey	\$5.00
Egyptian Chamomile	\$5.00
Japanese Lime Green	\$5.00
Organic Peppermint	\$5.00
Ginger Kawakawa Spiced	\$5.00
Manuka Flower Detox	\$5.00
Grapefruit & Lemon	\$5.00
Pure Rooibos	\$5.00
Hot Water (Tea Pot)	\$2.50

COLD DRINKS:

Karma Juice Range	\$6.00
All Good Soda Range	\$6.00
Karma Cola	\$6.00
Lemmy Lemonade	\$6.00
Gingerella	\$6.00
Still/Sparkling Water	\$5.00
Kombucha	\$6.00

SMOOTHIES:

Chia, Berry & Cardamom: (Banana, Berries, Chia seeds, Cardamom, Ice, Almond Milk)	\$10.00
Green Colada: (Banana, Pineapple, Spirulina pow- der, Vanilla Essence, Ice, Coconut Milk)	\$10.00
Green Wild Ginger: (Banana, Pineapple, Baby Spinach, Ginger, Lemon Juice, Coconut water, Almond milk)	\$10.00



GOOD MORNING GRANOLA - \$16.00 / *(V) - \$18

Nuts, seeds & grains toasted in a spiced apple puree served with seasonal fruits, with Greek yoghurt & Milk or ***(V) Coconut yoghurt & Coconut Milk**

EGGS YOUR WAY - \$13.50 / *(NAGA) - \$15

Free ranges eggs; Poached, Scrambled or Fried served with sourdough or ***(NAG) Seeded toast**

FRIED UPMA - \$19.50

Indian spiced dal fritters served over a coriander & mint rita, topped with kasundi & a poached egg

FRENCH STROGGY - \$19

Stroganoff mushrooms served over French toast, topped with a poached egg

PORTOBELLO BENE - \$19.50 / *(NAGA) \$21

Roasted portobello mushrooms with pesto, wilted spinach, two poached eggs & hollandaise served on sourdough or ***(NAG) Seeded toast**

BIG SUR OMELETTE - \$19.50 / *(NAGA) \$21

Filled with Spinach, mushrooms, tomatoes & mozzarella cheese served on sourdough or ***(NAG) Seeded toast**

EL SUR GRANDE TACO *(NAG) - \$20

Two soft corn tortillas packed with black beans, a dressed slaw with avocado, served with a fried egg

SEEDED TOAST *(V) *(VA) *(NAG)

- Beetroot hummus, labneh, cherry tomatoes & pickled onions - **\$ 17**
- Spicy baked beans - **\$17**

CREPES AU CACAO *(V) *(NAG) - \$19

Blueberry buckwheat crepes filled with a cacao, coconut & chia mousse topped off with caramelised walnuts & maple syrup

BANH XEO *(NAG) - \$19.50

Vietnamese coconut chilli crepes packed with a nuoc cham tossed savoy cabbage, carrot, daikon & shitake mushroom salad served with a cucumber spaghetti

BIG BABA *(VA) - \$22.50

Roasted chermoula eggplant over a base of baba ghanoush & dukkha covered with a herb bulgar salad

KIMCHI BOWL (SPICY) *(V) *(NAG) - \$20

Vermicelli noodles soaked in a hot & sour house made kimchi broth with shitake mushrooms, broccoli & soft tofu

COURGETTI *(V) *(NAGA) - \$20

Courgette spaghetti cooked in a roasted cherry tomato ragu with pumpkin balls topped with pangritata ***(NAG) No Pangritata**

FOR THE KIDS - \$10

PANCAKES - Fluffy pancakes served with a berry compote & maple syrup

KIDS EGG - A choice of poached, scrambled or fried served with a piece of sourdough toast ***(NAGA) seeded toast + \$1.50**

EGG & SOLDIERS - Soft boiled free range egg with crispy strips of sourdough toast ***(NAGA) seeded toast + \$1.50**

SIDES (not available without a main)

Avocado / Extra free range egg / ***(NAG) Seeded toast - \$4**

Roasted vine tomatoes / Portobello mushrooms / Spicy baked beans / Kimchi (Spicy) / Sauerkraut - **\$5**

* (V) VEGAN / *(VA) VEGAN AVAILABLE / *(NAG) NO ADDED GLUTEN / *(NAGA) NO ADDED GLUTEN AVAILABLE

(please advise us if you have specific allergies or special dietary requirements)

Payment by Credit Card or PayWave will incur a 2.5% surcharge